



## Post Fellowship Reporting - Project Summary

**Report Title:** Taking Physical Education to the Next Level: A Journey to Spark Institute and NBC Camp

**Name:** William Marshall

**Other Team Members:**

**Program:** Chicago Program

**Trip Dates:** 11/30/-0001 - 11/30/-0001

**Location Visited:** San Diego California and Spokane, Washington

**Post Fellowship Reporting Template:** PFR Template 01

**Project Summary:** I pursued a unique fellowship this summer. Instead of leaving our country, I experienced a three week sabbatical within the United States. I wanted to learn how to effectively address three major problem areas at my school; obesity, academic achievement and discipline. Since becoming a physical educator, my drive is to serve my school by becoming the best educator and counselor that the nation has to offer. I want to help my students, staff, parents, and community through physical education. By attending Spark Institute (San Diego, California) and NBC Camp (Spokane, Washington) has made me more equipped to have a major impact on my school community. The Spark Institute entailed four days of "hands-on" training on learning how to create effective learning environments, instruct and assess social and personal skills, improve my program's instructional alignment to standards, and increase student outcomes by using unique content and pedagogical strategies. NBC Camp is a basketball camp designed for families. My experience taught me how to incorporate life skills, performing arts, literacy, character education and parenting skills by using basketball as a tool to reach these outcomes. Also, it gave me ideas on how to organize a family sports camp at my school.

**Career Impact:** \*Gained a new perspective on sports and physical education.

\*Has revived my passion to strive to become the best at what I do (coach/teach).

\*Has instilled hope and proof that dreams really can come true if you seek them.

\*Encouraged me to write more grants.

\*More appreciation and understanding for life.

\*Inspired me to complete National Board Certification

\*Participated in a unique workshop that allowed teachers from all over the nation to collaborate and participate in actual physical education activities.

\*Attended a basketball camp that incorporated life skills.

\*Collaborated with Grandparent Program staff and became aware of the program's existence at my school.

**Classroom/Community Impact:**\*Provided an opportunity to better relate to my students by participating in actual physical education activities.

\*Gained a new perspective on sports and physical education.

\*Created and implemented a new curriculum.

\*Learning character building skills and exercises in a more fun way.

\*Collaborated with staff to insure various curricular subjects are being implemented in the new curriculum.

**Open Response:** \*Spark Physical Education Program has been implemented.

\*Collaboration among teachers and assistants in regards to implementing the new curriculum.

\*In negotiations of bringing NBC Family Camps to Illinois.

\*Spark Curriculum on space, movements, locomotor skills, body management and balance (Early Childhood and Kindergarten).

\*Spark Curriculum that teaches games that enhance social and physical skills (Fourth thru Eighth Grade).

**Quote:** In order to change the mind, one must change the heart; physically and spiritually

Photos:



Spark Institute



Spark Institute

NBC Camp

NBC Camp



Spark Institute

Road Scene

NBC Camp

NBC Camp