

Post Fellowship Reporting - Project Summary

Report Title: Going for Gold: London 2012 Name: Amber Shelton

Other Team Members:

Program: Oklahoma Program

Trip Dates: 08/01/2012 - 08/13/2012 Location Visited: London, England

Post Fellowship Reporting Template: PFR Template 01

Project Summary: I have always loved sports and am encouraged by the athletes' drive for greatness. Their work ethic, self control, and abilities always amaze me. So, the Olympics were the perfect place for me to go, learn and be inspired! London, England was the most amazing place. On the tube, people from all over the world traveled to see 26 different sporting events. There was an amazing respect for each other and a curiosity about different cultures.

I was able to attend wrestling, canoe, rowing, volleyball, soccer, field hockey and several other events while in London. Each one taught me something new. I saw events I had never seen before or had much interest in learning about but as I watched I found a new appreciation and respect for the people who live, sleep and breathe to be the best in the world at their specific sport. The training these athletes endure is quite amazing. I met several athletes and will have a few of them visit my school this fall to speak about their experiences. My students have already enjoyed hearing many of my stories and seeing the pictures of my time at the Olympics. My favorite part of the trip was seeing the world come together. Seeing competition, respect and sportsmanship go hand in hand was moving. Though we often did not speak the same language, we would learn to communicate and even began to cheer for each other's athletes. I truly believe that this is why we really have the Olympic Games every four years. We come to be inspired, differences aside, and to show the world that we can come together in a spirit of peace and respect.

Career Impact: * Allowed me to experience different cultural athletic customs.

- * Inspired me to research and develop new curriculum including Olympic and Paralympic games.
- * Encouraged me to reach out to my community for experts that are able to enrich my student's learning in events such as canoe/kayak, wrestling and gymnastics.
- * Inspired me to improve my lifestyle by working out consistantly and eating healthier, setting a better example for my students.

Classroom/Community Impact:* Students are inspired by athletes from all over the world and will even get to meet some of them.

- * Students are encouraged to stay healthy and active by finding different activities they enjoy.
- * We will reach out to our community to share their expertise with our students by speaking or targeting a specific grade level by volunteering in the physical education classroom and teaching skills
- *Staff is working along side students in learning about peoples and cultures from all over the world.

Open Response: * OCU wrestling teams are coming in October to teach third grade students basic wrestling moves for a week-long unit.

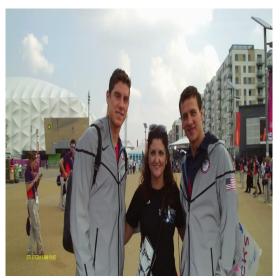
- * Plans are being made for second grade students to take a field trip to the Oklahoma river downtown this spring. They will tour the boat houses and get on the water in a team building "dragon boat".
- * I am working to train with local gymnasts in order to be able to teach kindergarten students about one of the most popular Olympic Sports, gymnastics!
- * Olympians Sam Hazewinkel, Jared Frayer, and Bronze Medalist Coelman Scott will be visiting Ranchwood Elementary School to speak and share about their Olympic experiences.

Quote: It was inspiring to see citizens of the world come together, cheering for their countries while showing great love and respect for their opponents. I was able to see that people can learn to get along regardless of culture, religion, language and politics. It gives me great hope for the future.

Photos:



Go USA! Standing in front of the Olympic Stadium in London.



Me with Conor Dwyer and Ryan Lochte near the set of the Today Show.



Two Olympians from the University of Oklahoma, Jared Frayer and Sam Hazewinkel



Clarissa Shields, Gold Medal Boxer and first US woman to medal at the Olympics.



USA vs. Japan in the Gold Medal game at Wembley. Final score, U.S.-2 Japan-1



Seeing the sights at Olympic Park



Gold Medalist Jordan Burroughs at the USA wrestling celebration



Flat Stanley and I checking out the Olympic Rings at Tower Bridge